



# Mamma Maria

**Type:** 32 counts, 4 wall  
**Level:** beginner  
**Choreographed:** Frank Trace (May 09)  
**Music:** Mamma Maria by Ricchi E Poveri (CD: 136bpm)  
**Start dance 16 counts in on vocal.**  
**Or Music:** Mamma Maria by The Countdown (136 bpm) (Italian)  
**Note:** There are many recordings of this song, all will work. Available on [amazon.com](http://amazon.com)  
High Lonesome Sound by Vince Gill (96 bpm) (Country)  
Poker Face by Lady Gaga (120 bpm) (Pop)

When using Poker Face, start dance 32 counts in on heavy beat

## WALK FORWARD DIAGONALLY RIGHT, KICK, WALK BACK DIAGONALLY LEFT, TOUCH

1-4 Walk forward right diagonal stepping R, L, R, kick L forward  
5-8 Walk back left diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)

## WALK FORWARD DIAGONALLY LEFT, KICK, WALK BACK DIAGONALLY RIGHT, TOUCH

1-4 Walk forward left diagonal stepping R, L, R, kick L forward (10:30)  
5-8 Walk back right diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)

## TWO CHARLESTON STEPS

1-4 Step R forward, kick L forward, step L back, touch R back  
5-8 Step R forward, kick L forward, step L back, touch R back

## VINE RIGHT, TOUCH, VINE LEFT 1/4 TURN LEFT, TOUCH

1-4 Step R to right side, step L behind R, step R to right side, touch L next to R  
5-8 Step L to left side, step R behind L, turning 1/4 left step on L, touch R next to L (9:00)

Repeat