



She Sweats

Type: 32 counts, 2 wall
Level: beginner
Choreographed: Joan Leite (Jan 09)
Music: Discover Channel [The Bad Touch]
by De Bloodhound Gang (CD: 123bpm)

3X WALKS FWD, TOUCH, 3X WALKS BACK, TOUCH

1-2 Right foot step fwd, Left foot step fwd
3-4 Right foot step fwd, Touch left foot close right foot
5-6 Step left back, Step right back
7- 8 Step left back, touch right foot close left foot

STEP SIDE, HOLD, ½ TURN STEP SIDE, HOLD, 4X HIP BUMPS

1-2 Right foot step to right side, hold
3-4 ½ turn to left, left foot step to left side, hold
5-6 Hip Bump to right, Hip Bump to left
7-8 Hip Bump to right, Hip Bump to left

CROSS MAMBO RIGHT, CROSS MAMBO LEFT, OUT, OUT, IN, IN, 3X JUMPS

1& 2 Right foot cross over Left foot, Left foot step back, Right foot next left foot
3&4 Left foot cross over right foot, Right foot step back, Left foot next right foot
&5 Right foot step right side, Left foot step left side.
&6 Right foot step to center, Left foot next to right foot
7&8 Jump back both feet together, jump back both feet together, jump back both feet together, weight on left foot.

2X SAILORS, 2X TOE STRUT

1&2 Right foot behind left foot, Left foot to left side, Right foot step to right side
3&4 Left foot behind right foot, Right foot to right side, Left foot step to left side
5-6 Right foot touch forward, Right foot step forward
7-8 Left foot touch forward, Left foot step forward

Start again.